



RACE

AGAINST TIME



**5K RUN
& WALK**

SATURDAY, OCTOBER 15

1230 Dupont St, Flint

9:00 am Start Time

\$35 Registration includes T-shirt and Finisher's Medal



**RUN FOR A REASON. RUN FOR RECOVERY.
RACE AGAINST TIME.**

FOR MORE INFORMATION CALL
810.424.9039

OR CHECK US OUT ONLINE
lcministries.org/race