

Dear Faithful Supporter,

When you gave, you became part of a story God is writing through our mission. As we look back on all that God did through our ministry in 2025, the first thing we want to say is thank you. We could not do what we do without your generosity. We want to take this opportunity to show you some of your return on investment. In other words, we want to give a snapshot of what this ministry was able to accomplish through the power of Jesus and your generosity.

Because of your support, students didn't just enroll—they persevered. In 2025:

- **51 students** completed *Life Begins* (3 months)
- **27 students** completed *Life Discover* (6 months)
- **17 students** completed the *Life Equip* (9-month) program
- **18 students** completed the **full one-year program**

Expansion of the mission:

- This past year, we had the privilege of sharing how God is rewriting lives at **40 churches**, inviting others to join the mission of *restoring communities by bringing faith-based recovery to the addicted*.

In June, we hosted a successful fundraising golf outing, bringing together friends and supporters to advance our ministry's mission. Be sure to keep an eye out for our 2026 golf outing—you won't want to miss another day of fellowship and impact on behalf of those we serve.

Receiving CARF Accreditation:

- Earned CARF accreditation (*Commission on Accreditation of Rehabilitation Facilities*), the gold standard in drug and alcohol treatment and human services.
- Confirms that we as a ministry meet the rigorous standards in client care, leadership, staff training, and financial excellence, ensuring those struggling with addiction are treated with dignity, professionalism, and respect.

What This Means:

- We are firmly established as a trusted provider, eligible for referrals from hospitals, courts, and partner agencies.
- This allows the ministry to reach more people with life-controlling issues.

- Strengthened clinical care and accountability while remaining firmly rooted in the mission to integrate professional excellence with gospel-centered transformation, believing true and lasting recovery is found in Jesus Christ.

Part of this is directly tied to a big hire we made. Dr. Tom Litzinger came onboard with us early this past summer. He is a psychologist with a Ph.D. specializing in mental health and substance abuse counseling. He is a crucial part in us achieving our mission of providing wholistic care (spiritual, mental, social, physical, and psychological) for those with life controlling issues.

Your generosity doesn't just support a program, it supports people. One of those persons is K-Sean, whose story reflects the kind of transformation you made possible through your partnership.

Before entering the program, K-Sean's life was chaotic and felt completely in shambles. When he was twelve years old, his brother was murdered, and with that loss, he lost himself. Anger toward God set in, and not knowing what to do, he began turning to drugs and alcohol.

For a time, K-Sean was working, but his drinking and drug use eventually cost him his job, then his apartment. He became homeless and spent a year living on the streets of downtown Detroit. He describes this season as the lowest point of his life, feeling like he had nothing left to live for and that life itself was too much to bear.

Carrying trauma from the streets, shelters, and witnessing violence, K-Sean entered the program in the fall of 2022 with deep distrust. Drinking and getting high had been his normal for so long that he didn't know who he was without it. Being sober and clean felt unfamiliar, and the early days of the program were rough, filled with both ups and downs.

Over time, however, he began to notice something different. Jesus started to become more real than ever before. He saw consistent love and care from the staff—not only toward him, but toward everyone. They treated each person with dignity, and that challenged the way he viewed people. Slowly but surely, he began to open up and rediscover who he was, and began to draw near to God.

Through the program, K-Sean learned what it meant to truly be sober and to be himself. He learned that God loves him and had never abandoned him. He experienced God's love through the pastors and through fellow brothers who walked alongside him in their own journeys. For the first time, he encountered love from people who didn't know him beyond his story—and that love changed everything.

At a turning point, K-Sean fully surrendered his life to God. He committed himself completely, desiring a new life, restoration, and redemption. He no longer wanted to be the person he had been in the past. The program helped him realize that life isn't about getting high or drunk, but about serving, giving, loving God, and sharing that love with others.

K-Sean also began to see restoration in his relationships. He acknowledges the hurt he caused his friends and family, especially his mother and sisters. As he grew through the program and learned more about Jesus, change became evident. Over time, his family noticed a difference they hadn't seen in years. Trust, connection, and love were slowly rebuilt, and relationships he once thought were lost forever were restored.

K-Sean graduated the program in October of 2023. Upon graduation, K-Sean interned with us, and eventually joined our staff as a recovery technician. He has served faithfully since his graduation.

Today, K-Sean describes his life as better than he could have ever imagined. While there are still ups and downs, he no longer believes life is defined by misery and pain. He now sees life as love, compassion, and meaningful experiences. He is sober, serving God, and engaged to be married. He is grateful to share life with someone who matches his energy and desires to be part of something greater than themselves.

Looking back, K-Sean said, "If you had asked me before I entered the program whether I would be as happy and content as I am now, I would have said no." He didn't realize God could re-write his story, let alone in the way He did. Though he admits he isn't perfect, he is committed to becoming the best version of himself and continuing to walk faithfully forward.

In his own words, he says he could have never, in his wildest dreams, imagined that his life would be where it is today. All because of Jesus.

Once again, we just want to say thank you. Life Challenge would not be able to do what we do without you. We pray God's best for you, now and always.

Blessings,

Life Challenge Ministries