



TEEN CHALLENGE of DETROIT | TOLEDO | FLINT

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# www.lcministries.org

# Family Guide

# Family Visitation Guide

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In order to make your loved one's stay at Life Challenge as productive for their lives as possible, it is important that you as the supporting family, partner with LC to bring about the best possible outcome in the life of your loved one. These guidelines are to inform you about our visitation policies and procedures. They are also a request for your partnership with us, for the good of your loved one and also all involved in our program.

## Phone Calls, Letters and Visits

During a resident's first 30 days phone calls, letters, and visits are not allowed. After eligible family members have attended their first Family Visitation Orientation, and at least 30 days have passed since the resident's entry into the program, letters, phone calls and personal visits on Sundays are permitted.

- Phone calls are allowed to approved family members & extended family members
- All letters, sending and received, are reviewed and must be approved by staff
- Family Visitation Orientation is mandatory for eligible visitors

- Orientation is the 4<sup>th</sup> Friday of the LC Academic Calendar\* from 1-1:45 p.m.

- (\*usually but not always on the 4th Friday of each month)
- Includes Resident Graduation Ceremony 2-3:15 p.m. (4th Friday of Academic Calendar)
- Visits are allowed on Sundays
  - Detroit Campus : 12:30-4:30 p.m. for men | 1:30-4:30 p.m. for women
  - Flint Campus: 1:30-5:30 p.m.
  - Smoking is not allowed
  - Visitors are requested to dress modestly
  - Residents are not allowed to leave the premises with their guest; this includes going to the car for any reason. Additionally, once the guests enter the residence they will not be allowed to go back to their car
  - DO NOT allow the resident to use your cell phone to talk, text, email, or use social media of any kind
  - Visiting dorms or rooms is prohibited

### **Holiday Visits**

On approved holidays, all residents may have visitors, including those who are new to the program and have not reached the aforementioned visitation approval criteria.

- 1:00-6:00 pm for women | 12:00-6:00 pm for men
- Approved holidays: New Year's Day, Easter, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day

### Procedure for Bringing Items to a Visit

Resident needs are to be initiated by the resident. No item is to be brought in and given to the resident directly. The procedure for clearance:

- Hand the package to a staff member at the door to be searched
- Approved items will be given to the resident; unapproved items are given back
- Stamps & personal items may come in any time (hand to a staff member at the door)
- If a resident forgot to bring an essential item to the program, we can supply most essential items when necessary

### Pastoral Visits

Pastors may visit a resident at other times than the Sunday visitation by contacting the center to set up a time that will work with the resident's schedule.

### Church Attendance

- Detroit campus residents attend services each Sunday at 9:15 am and Wednesday evening at 7:00 pm. at Brightmoor Christian Church, 40800 W 13 Mile Rd. in Novi
- Flint campus residents attend services at New Life Christian Fellowship, 2237 E. Reid Rd. in Grand Blanc for Sunday School at 10 a.m. and service at 11 a.m. and Wednesday evening at 7 p.m.
- Families are welcome to join their loved ones at services in a designated area only if the resident has 30 days in the program. The resident must return to the group immediately after the service
- Services begin promptly. Once the resident is seated it is disruptive for them to change seats

# Passes

Residents are eligible for passes after three months in the program, and are required to follow the policies and guidelines of Life Challenge while on pass.

### **Resident Accounts**

Residents may have two separate money accounts disbursed by a Life Challenge staff person:

- Personal accounts (only allowed after the induction fee is paid in full)
  - Women\_are allowed to shop once a month for personal items
  - Men have a commissary at the Detroit campus
  - The Flint campus will allow residents to purchase needed items
- Medical accounts can be established even if the induction fee is not paid in full. The money is to be used for prescription refills, doctor appointments, transportation reimbursement

No money is to be given directly to the resident. To add money to a resident's account, make the check out to "Life Challenge" and note the resident's name on the check. Specify whether the money is for personal or medical use. Mail to: Life Challenge, 17667 Pierson, Detroit, MI 48219, Attn: Resident Acct. When a resident permanently leaves Life Challenge, any balance will be returned within (30) days if requested.

### Events: 'Invest in a Life'

Life Challenge is a nonprofit 501(c)3. We have fundraisers during the year in which the residents' families can participate (Rally Walk, Gala, and Bella Christmas for Women). Our goal for these fund raisers is two-fold: (1) We want the community to know that we exist, and we are here to help provide hope and healing for those bound by addiction; (2) We need the financial resources to operate our one-year residential program. We need your help to make these events a success. For details on each event visit our web site at www.lcministries.org and tag it as one of your favorites. The monthly newsletter and our calendar can be found there too.